



A2019 – Basal Energy Expenditure (BEE) & Total Energy Expenditure Assistant (TEE) by AARI for Web

Readme

**Version 1.0
07/04/2021**

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1. Introduction

This document contains all essential information for the user to make full use of this *A2019 – Basal Energy Expenditure (BEE) & Total Energy Expenditure Assistant (TEE) by AARI for Web*. It includes a description of the functions and capabilities and step-by-step procedures for setup & configuration of the *A2019 – Basal Energy Expenditure (BEE) & Total Energy Expenditure Assistant (TEE) by AARI for Web*.

1.1 Overview

This Automation will take an information from the user for his/her Age, height & weight and based on the input the automation will calculate the Energy Expenditure Index of the user and give some related information.

As per user's requirement he/she can select any conversion unit and this automation will process user's expenditure index so that he/she will have a good and clear idea about his/her Calories/day that he/she need to carry out regular works.

User can generate the excel file as well for the same.

1.2 Use cases

The key use cases include:

Basal energy expenditure (BEE) is the amount of energy that should be sufficient to cover all movement and bodily processes necessary for an organism to survive for a day, given in kcal/day or kJ/day. This energy requirement is most accurate when it is used to describe an alert, resting human of a calm mental and physical state, constantly in a room temperature. The person needs to have gotten a good night's sleep and has consumed a meal over 12 hours ago.

Total energy expenditure (TEE) describes the whole amount of the energy used by your body throughout the day. In Contrast of BEE, the total energy expenditure describes our physical activity and all the temporary states that may affect our energy consumption (e.g., infection, neoplasm, sedentary vs. active lifestyle). Total energy expenditure gives you a fuller picture of your calorie demand.

This automation will help user to get user's Energy Expenditure Index to know his/her calorie demand.

User can create a excel file as well for that input if user need to log the information.

2. Requirements & Prerequisites

2.1 System Requirements

[Enterprise A2019 \(Cloud deployed\) and Community Edition device requirements.](#)

Review the machine hardware specifications, operating system versions, and browser types supported by Automation Anywhere Enterprise for creating and running bots and command packages as an Enterprise A2019 (Cloud deployed) or Community Edition user on your local machine.

2.2 Prerequisites

User should have a **A2019** installed to take a benefit of this automation.

User should have a AARI web access to run this automation.

User should have a **Python-3** installed to take a benefit of this automation.

3. Getting Started

3.1 Quick Start

3.1.1 Configuration and Use

- Download the Bot from the Bot-store.
- Check the downloaded bot in your local machine private/Public section.
- Once Bot is downloaded you are good to go for a run.
- Please change the OutputPath to your required path into the configuration file to generate the CSV file.
- By Default, it will generate the CSV file under **C:\Basal Energy Expenditure. OR C:\Total Energy Expenditure.**
- Users need to run **AARI-MAIN-INTERFACE** Process for view AARI for Web interface

- For Configuring the Bot –

INPUT VARIABLES: Input Variables to be mentioned in this Table				
Variable Name	Type	Mandatory	Purpose	Example Input
OutputPath	String	Yes	To generate CSV file	OutputPath= D:\My Desktop\BOT STORE\Folder Name

4. Support & FAQs

4.1 Support

Free bots are not officially supported. You can get access to Community Support through the following channels:

- You can get access to Community Support, connecting with other Automation Anywhere customers and developers on [APeople](#) – the [Bot Building Forum](#), the [Bot Store Support Forum](#), or the [Developers Everywhere Group](#).
- Automation Anywhere also provides a [Product Documentation portal](#) which can be accessed for more information about our products and guidance on [Enterprise A2019](#).

4.2 FAQs

For questions relating to Enterprise A2019: See the [Enterprise A2019 FAQs](#).

Appendix A: Record of Changes

No.	Version Number	Date of Change	Author	Notes
1.	<i>1.0</i>	<i>07-04-2021</i>	<i>Manav Parmar</i>	<i>N/A</i>

Appendix B: References

No.	Topic	Reference Link
1	Overview of Enterprise A2019	Click here
2	Guidance: Building basic A2019 bots	Click here
3	Guidance: Building A2019 action packages	Click here
4	APeople Community Forum	Click here
5	Automation Anywhere University	Click here