



Automation360 – AARI for Web – Relative Fat Mass (RFM) Index Calculator

Readme

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1. Introduction

This document contains all essential information for the user to make full use of this [Automation360 – AARI for Web – Relative Fat Mass \(RFM\) Index Calculator](#). includes a description of the functions and capabilities and step-by-step procedures for setup & configuration of the [Automation360 – AARI for Web – Relative Fat Mass \(RFM\) Index Calculator](#).

1.1 Overview

This RFM calculator (or Relative Fat Mass calculator) predicts body fat mass using only two body measurements - height and waist circumference. **This estimation is more accurate than the well-known body mass index (BMI)**, which often misclassifies obesity.

As per user's requirement he/she can select any unit and this automation will process user's RFM index so that he/she will have a good and clear idea about his/her Calories/day that he/she need to carry out/Manage regular works.

User can generate the excel file as well for the same.

1.2 Use cases

The key use cases include:

Body fat (in other words adipose tissue) is an essential component of the human body. Its primary function is energy storage, but it also has other vital functions, such as protecting internal organs and producing hormones (e.g., leptin). The percentage of body fat in people generally varies according to age and sex. Women usually have a greater body fat percentage than men (due to reproductive and hormonal functions), and older people tend to have a higher body fat percentage.

While a certain amount of body fat is essential for human health, excessive adipose tissue is not good for human health either. Research shows that a high body fat percentage is associated with morbidity and mortality; therefore, the state of excessive accumulation of body fat is classified as a disease - obesity. This condition is an important risk factor of many other disorders, such as cardiovascular disease, type 2 diabetes, and some forms of cancer.

2. Requirements & Prerequisites

2.1 System Requirements

[Enterprise A2019 \(Cloud deployed\) and Community Edition device requirements.](#)

Review the machine hardware specifications, operating system versions, and browser types supported by Automation Anywhere Enterprise for creating and running bots and command packages as an Enterprise A2019 (Cloud deployed) or Community Edition user on your local machine.

2.2 Prerequisites

User should have a **A2019** installed to take a benefit of this automation.

User should have a **Python-3** installed to take a benefit of this automation.

3. Getting Started

3.1 Quick Start

3.1.1 Configuration and Use

- Download the Bot from the Bot-store.
- Check the downloaded bot in your local machine private/Public section.
- Once Bot is downloaded you are good to go for a run.
- Please change the OutputPath to your required path into the configuration file to generate the CSV file.
- By Default, it will generate the CSV file under **C:\Relative Fat Mass**.

- For Configuring the Bot –

INPUT VARIABLES: Input Variables to be mentioned in this Table				
Variable Name	Type	Mandatory	Purpose	Example Input
OutputCSVPath	String	Yes	To generate CSV file	OutputCSVPath= D:\My Desktop\BOT STORE\Folder Name

4. Support & FAQs

4.1 Support

Free bots are not officially supported. You can get access to Community Support through the following channels:

- You can get access to Community Support, connecting with other Automation Anywhere customers and developers on [APeople](#) – the [Bot Building Forum](#), the [Bot Store Support Forum](#), or the [Developers Everywhere Group](#).
- Automation Anywhere also provides a [Product Documentation portal](#) which can be accessed for more information about our products and guidance on [Enterprise A2019](#).

4.2 FAQs

For questions relating to Enterprise A2019: See the [Enterprise A2019 FAQs](#).

Appendix A: Record of Changes

No.	Version Number	Date of Change	Author	Notes
1.	<i>1.0</i>	<i>21-05-2021</i>	<i>Manav Parmar</i>	<i>N/A</i>

Appendix B: References

No.	Topic	Reference Link
1	Overview of Enterprise A2019	Click here
2	Guidance: Building basic A2019 bots	Click here
3	Guidance: Building A2019 action packages	Click here
4	APeople Community Forum	Click here
5	Automation Anywhere University	Click here